

RACE INSTRUCTIONS

1. Race

- The race is to be held under the 2019 Rules and Regulations of Japan Association of Athletics Federation and the regulations of Osaka Half Marathon.
- Registered runners must attach the number cards to the front (chest) and back of their racing wear.
- Time will be recorded by automatic clock system. A transmitter chip should be attached as instructed.

2. Registration

- Saturday, January 25 from 2:00 pm – 4:30 pm
Sunday, January 26 from 9:30 am – 11:00 am
At Shiromi Hall in the Osaka-Jo Hall
All runners must attend either of these dates and times for registration.
- Number cards are classified by initial alphabet characters as follows.

A	JAAF Registered Male	1~
		学301~
		151~
		学A401~
		A1001~
	General Male	A10001~
	JAAF Registered Female	101~
	学801~	
	201~	
	学A901~	
	A4001~	
	General Female	A20001~
B	JAAF Registered Male	B2001~
	General Male	B10201~
	JAAF Registered Female	B4101~
	General Female	B20101~
C	JAAF Registered Male	C3001~
	General Male	C11001~
	JAAF Registered Female	C4301~
	General Female	C20201~
D	General Male	D12001~
	General Female	D20301~
E	General Male	E13001~
	General Female	E20501~
F	General Male	F15001~
	General Female	F20701~

3. Dressing Rooms/ Baggage Drop

- Dressing Room Facilities are available in the male and female dressing tents until 11:10 am.
- Do not leave personal items in the dressing tents. You can drop your baggage at the "Baggage Truck" from 9:30 am to 11:15 am. The organizer does not bear any responsibility for loss or theft.

4. Roll- Call/Start

- All runners must present and draw up in the designated zone in Taiyo-no-hiroba (Playground) and should proceed to the starting point after alignment. Do not head to the starting point directly.
- Begin moving toward to the starting point according to the initial alphabet characters at 11:40 am. Those who arrive at the starting point later than 11:40 am or step out of alignment must start from the last group.

5. Time Limits

Check Point 1	2.0km	Tamatsukuri-suji, Funahashi-cho, Intersection South	12:28
Check Point 2	5.0km	Tamatsukuri-suji, Shiromi 1, East Intersection	12:45
Check Point 3	12.6km	Osaka City Chuo Oroshiriichiba Tobushijo	13:24
Check Point 4	14.9km	Matsumushi-dori, Kitatanabe 6 Intersection	13:38
Check Point 5	17.5km	Abiko-suji, Osaka Metro, Maintenance office mae	13:55
Check Point 6	20.6km	Yanmar Stadium Nagai, Marathon Gate mae	14:10

*Runners who fail to pass each check point before the cut-off time or take longer than the scheduled pace will be disqualified from the race and must follow instructions given by the race officials. These check points and time limits are subject to variation depending on circumstances.

6. Disqualification/Drop Out

- Runners may not accept any kind of assistance from anyone in whatever form during the race except when only approved. Having an escort runner and/or vehicle is subject to disqualification.
- In the case when a runner becomes difficult to continue the race due to poor physical condition, it must be reported to nearby race officials for further instructions. If a runner is ordered to discontinue the race, the runner must follow the instructions given by the race officials.
- Participation by a substitute runner is strictly prohibited. If a substitutional start is proved, the runner will be disqualified immediately.
- In the case when a runner discontinues the race due to disqualification or drop out, the runner must return the transmitter chip to either of the Check Points or any nearest race officials.

7. Medical Aid

- Aid stations where doctors and nurses stand by are arranged at the start and on the course (4.5km, 12.5km and 17.5km).
- Medical cars follow from behind an aftermost runner.
- Medical runners participate the race and the bicycle teams with AED are staffed at Tamatsukuri-suji (OBP-Katsuyama 4), Imazato-suji (Oikebashi - Imagawa 2) and Abiko-suji (Showa-cho - Nagai Park).

8. Water Stations and Toilets**(1) Water Stations**

	Distance	Place
Before start	—	Osaka Castle Park, Taiyo-no-hiroba
Water Station 1	4.7km	Tamatsukuri-suji-Shiromi1Higashi Intersection
Water Station 2	12.7km	Imazato-suji-Tobushijo mae
Water Station 3	17.6km	Abiko-suji-Across from Kurasushi
After finish	—	Yanmar Stadium Nagai

Water and sports drinks are available at Water station 2. Special drinks from each runner are not supported.

(2) Toilets

Toilets are available at 0.8km and 7.0km (Telwel west, parking area), 4.5km (Osaka Castle Park Memorial tower), 10.5km (Katsuyama-dori-Ikuno community center), 12.5km (Imazato-suji-Tobushijo), and 16.1km (Abiko-suji-Momoyama Gakuin).

9. Award/Certificate/Result/Prize for participation

- The top 8 finishers in the category of JAAF registered athletes and the top 3 finishers in the category of general runners will be awarded.
- Official record (Gross time) is timed based on the signal gun.
- Certificate and result are mailed at a later date.
- All the participants will be presented with commemorative gifts.

10. Personal Belongings

Regarding Trademarks on the personal belongings, all runners must comply with the Rules and Regulations of Japan Association of Athletics Federations. It is prohibited to carry non-essential items of the race when participating in the event. Carrying banners or flags and wearing any costumes are also prohibited.

11. Others

- Distance markers are placed every 1km on the course starting from 1km to 21km.
- The publicity and portrait rights to post photographs and videos related to the race, personal information including names, ages, gender and addresses (countries, prefectures, cities, towns or villages) and results to newspapers, TV programs, internet, the event program and poster advertising shall belong to the race organizer.
- Banners and placards with asserting or advertisement other than what the organizer permits are prohibited. Objects such as flags and banners displayed along the course can only include the name of the athlete. It is prohibited to display names such as the name of the company or team to which the athlete is affiliated with. Hold the objects in your hands without fixing them to buildings, fences, poles, trees or other objects.
- Runners should be attentive to wear suitable clothes to attend the marathon race. Wearing any costumes is prohibited. It may cause the discontinuation of the race in certain instances.
- The organizer does not provide physical checkups. Each runner should take full responsibility for own physical condition if participating the race.
- Cancellation of the race is announced through Radio Osaka (1314 Hz) at 6:55 am on the race day and/or the official website of the event.